

**Girth is the most important measurement when determining size!** To measure girth, place a tape measure at the top of the shoulder where a leotard strap sits, then down through the crotch and back to the same shoulder. The measuring tape should be close to the body but not tight.



<b>GIRLS SIZE CHART</b>						
Size		X-Small XSC (4/5)	Small SC(6/6X)	Intermediate IC(7/8)	Medium MC(10/12)	Large LC(14)
<b>Girth</b>	in	37 - 41	41 - 44	44 - 47	47 - 52	52 - 54.5
<b>Bust</b>	in	22 - 24	24 - 26	26 - 28	28 - 31	31 - 33
<b>Waist</b>	in	22 - 23	23 - 24	24 - 25	25 - 27.5	27.5 - 29.5
<b>Hips</b>	in	22.5 - 25	25 - 27	27 - 30	30 - 33.5	33.5 - 35.5
<b>Inseam</b>	in	16 - 19.5	19.5 - 22.5	22.5 - 25	25 - 28	28 - 29.5

<b>WOMEN'S SIZE CHART</b>				
Size		Small SA (4/6)	Medium MA (8/10)	Large LA (12/14)
<b>Girth</b>	in	57.5 - 60	60 - 62	62 - 63
<b>Bust</b>	in	34 - 36	36 - 39	39 - 42
<b>Waist</b>	in	26 - 28	28 - 31	31 - 34
<b>Hips</b>	in	35 - 37	37 - 40	40 - 44
<b>Inseam</b>	in	29 - 33	29 - 33	29 - 33